

**JOURNEYING
WITH CHRIST
IN HOPE AND TRUST**

Ursuline Newsletter

4045 Indian Road, Toledo, OH • Vol. 47 No. 7 • August 2023

Leadership Corner by Sr. Sandy

"Fill your cup drink it up...The fish in the water ain't thirsty!" These are the beginning and ending lines of one of the Dances of Universal Peace. It is one of the most enjoyable, even fun of the dances for children of "all" ages. Ask children who may learn the dance in a bible camp setting the meaning of the song. "We are the fish and God is the water," they will tell you.

I think about this in the intense heat of this summer when people flock to pools, beaches, and fountains to cool off and we see clips of children, adults and pets, splashing one another with pure delight. Then I think of my latest morning swim "crowd" at the Y. Many of us welcome others into our lane on particularly crowded days. There is always the resolute one who simply won't. And there are those who go home because there is no lane just for them alone. The most common reason they give is that they do not want to get splashed.

In Season 3, Episode 5 of The Chosen, Jesus and the disciples were deemed unclean because the bleeding woman touched the tassel of his garment, after which he touched the corpse of Jairus' daughter whom he raised to life. The disciples, in turn, touched Jesus. The Temple priest sent them to wash in the Jordan. The woman whose blood flow he healed, coming out of the river, asked Jesus if the priests sent them. He told her that the priests thought they did but that he and his followers just wanted to enjoy a swim. Their 'ritual of cleansing' soon turned into pure enjoyment among grown men, including Jesus, who delighted in splashing one another and cheering on teams of two in chicken or camel fights. Those among them who are fisherman knew what happens when a fish is out of water.

I happened upon an online sermon by a Trinity United Church of Christ pastor who told the story of a teenage girl, dealing with acne, who was afraid to leave her home to have fun with her friends. Her

Jubilee Celebration 2023



Please join us in the
65th Jubilee Celebration of:

*Sister Angela Gaietto
Sister Nancy Mathias
Sister Kenwyn Steger*

on Friday, September 8, 2023 at 11 a.m. in the
Ursuline Center Chapel

If you plan to stay for the luncheon,
please RSVP to Val Myers at
419-536-9587 or vmyers@ursulinecenter.org
by Friday, August 25, 2023.

father took her into the bathroom, ran water in the sink and began to slowly splash his face. On the first splash he said, "In the name of the Father," on the second, "In the name of the Son," and on the third, "In the name of the Holy Spirit." "Wash your face like this," he told his daughter, "and then look at yourself in the mirror and say, "I am a child of God and I am beautiful." In a gentle way, he was telling her that she was not a fish out of water. I think of this as I wash my own face recently affected by a skin rash and look at the faceless picture of Angela by my mirror that asks me, "What face of Angela will I show the world today?" Then I ask myself what I think she most probably asked herself, "Am I open to the Holy Spirit working through me today?"

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Rest In Peace

Carol Stevens Leonard, MMC Associate ~ February 2

Thomas Bettinger, father of Amy Bettinger Lingle, SUA '79 ~ May 15

Richard Fowler, brother of Diane Fowler Jackman, SUA '65 ~ May 19

Patricia Kirwan Crowley, SUA '48; MMC Associate ~ May 23

Sr. Mary Estella Perkins, SND ~ May 29

Steve Woods, father of Very Reverend Scott S. Woods ~ May 31

Melinda Mercurio Weiner, SUA '68; sister of Christine Mercurio Jones, SUA '66; Shelley Mercurio Benore, SUA '69 and Lisa Mercurio, SUA '74 ~ May 31

Sr. M. Brigetta Waldron, Ursuline Sister of Cleveland ~ June 4

Margaret "Peggy" Thees Santos, SUA '57; sister of Rosemary Thees Dunholter, SUA '65 ~ June 5

Elizabeth Stucker Henderson, SUA '88 ~ June 9

Craig Szpila, brother of Sr. Mary Jo Szpila, SND ~ June 14

Jim Keeler, father of Julie Keeler Paulsen, SUA '79 and Jill Keeler Kohntopp, SUA '84 ~ June 18

Sr. Jeanne Hamilton, Ursuline Sister of the Eastern Province ~ June 19

Bonnie Paskiet, mother of Amanda Paskiet Stephenson, SUA '95 ~ June 21

Patricia Leuck Wilson, MMC '59 ~ June 23

Anthony Gagnet, brother of Annette Gagnet Meklus, SUA '86 ~ June 23

Stephen Kennedy, brother of Eileen Kennedy Heim, SUA '70; Jane Kennedy Cline, SUA '73 and Mary Kennedy, SUA '76 ~ June 24

Lowell Schweyer, father of Amy Schweyer Stacy, SUA '89 ~ July 5

Geneva Dennis Roller, MMC '54 ~ July 9

Duncan Murphy, husband of Dolores Holup Murphy, SUA '57 ~ July 14

Jeanne Masters, sister of Amy Bettinger Lingle, SUA '79 ~ July 16

Tracy Ball, husband of Valerie Beck Ball, SUA '72 ~ July 18

Elizabeth Rowland, mother of Lori Rowland, SUA '89 and Robin Rowland Huss, SUA '91 ~ July 19

Sr. Margaret O'Brien, Ursuline Sister of Cleveland ~ July 22

Leadership Corner, continued

I am slowly making my way through *Come Creator Spirit: Meditations on the Veni Creator* by Raniero Cantalamessa. There is a full chapter on each of the total of 16 lines. In the chapter on the 6th line, "Most High Gift of God," Cantalamessa, reflecting upon the self-giving of the Holy Spirit says, "The Holy Spirit is in very truth the fountain of living water that, once

received, 'wells up to eternal life,' (John 4:14), which is to say that it squirts up and splashes onto anyone who happens to be near." Those who are swimming in the fullness of the Spirit are filled with the Spirit's self-giving. We cannot help but feel the splash of the Spirit when we are near them. So let us fill our cup, drink it up, and splash it forward.

Awe and Wonder!

by Sister Margaret Anne Carstensen

Are there any greater words than “Awe” and “Wonder” to describe God’s creation and all the beauty that we ponder?

Rivers, lakes, valleys and streams, mountains and waterfalls beyond our wildest dreams.

Parks and campsites, beaches and hiking, interesting paths for those who like biking. Flowers and birds in summer, fields of produce, a Farmer’s delight.
“Amber waves of grain,” a fascinating sight.

Then, of course, there’s winter, a wonderland of magic, piles of snow and sledding we will go.

There’s sunrise and sunset, shining stars, sun and moon, to satisfy the “wonder lust” of morning, night and noon.

The Native Americans seem to sum up God’s creation in their chant –

“I walk with beauty before me,
I walk with beauty behind me,
I walk with beauty above me,
I walk with beauty below me,
I walk with beauty all around me,
As I walk the beauty way.”

Thank you, God!



June 2023 - June 2024: The Parish Year Eucharistic Revival



Everlasting grace

Unity with Jesus

Confirmation of Jesus’ enduring love

Heartfelt appreciation of this grace

Anticipation of eternal salvation

Resource for wisdom and peace

Infusion of grace

Sacred comfort in His presence

Trust in God’s Word made flesh in Jesus

by Sister Claudia Holtz



TIT FOR TAT

"Tit for Tat" came into play at the dentist office in July. Sr. Mary Alice replied to the hygienist, "If you are Tracy, I am Mary Alice."

- by Sr. Mary Alice Henkel

Sister Update

Sr. Pat Grosse
Rosary Care Center
6832 Convent Blvd., #402
Sylvania, OH 43560





Associate News by Jess Gamby

Giving Thanks For Summer

Father, Creator of all, thank you for summer!
Thank you for the warmth of the sun
and the increased daylight.
Thank you for the beauty I see all around me
and for the opportunity to be outside and enjoy
your creation.
Thank you for the increased time I have to be with
my friends and family, and for the more casual pace
of the summer season.
Draw me closer to you this summer.
Teach me how I can pray
no matter where I am or what I am doing.
Warm my soul with the awareness of your presence
and light my path with your Word and Counsel.
As I enjoy your creation, create in me
a pure heart and a hunger and a thirst for you.

- Author Unknown

<https://www.xavier.edu/jesuitresource/online-resources/prayer-index/summer-prayers>

Summer is a season of many blessings. We are blessed in Ohio to be able to celebrate the changing seasons throughout the year, and I must say summer is one of my favorites. Though the season is short, lasting only three months, it is filled with such joy, including extended daylight, fun with family and friends, vacations and summer holidays, and much more. "The Bible frequently describes summer as a season of growth. Summer in the Bible is a season of blessings, fruitful harvests, and God's abundance." It is important to take time this summer to slow down and truly enjoy this beautiful season and these great gifts God has given us. I hope all of you are having an amazing summer and soaking it all in.

<https://busyblessedwomen.com/the-meaning-of-summer-season/#:~:text=Biblical%20Meaning%20of%20Summer%20Season&text=The%20Bible%20frequently%20describes%20summer,the%20producti-on%20of%20spiritual%20fruit.>



Thank you to all who helped make the *Summer Luncheon* an enjoyable event for all!



Associate Updates

1. **Rahab's Heart Dinner** – On Friday, October 20, at 6 p.m., the Associates will be providing dinner for the residents. We are in need of five casseroles, three desserts and at least three volunteers to serve the guests that evening. The number of guests varies and be as many as 20 ladies. If you can provide any of these things, please call or email Val at the Convent Offices, 419-536-9587 or vmyers@ursulinecenter.org. If you cannot attend but would like to provide food, that can be arranged as well. This is another way the Associates can become involved in another ministry in our community.

As described by Sr. Sandy: "Rahab's heart, founded by Lee Ann Campbell and Sr. Sandy Sherman in 2011 is named after the prostitute in the first book of Joshua, who gave safe haven to the Israeli spies in exchange for the protection of her family. She is one of four women with a 'past' named in Matthew's genealogy of Jesus.

"The volunteers or Companions of Rahab's Heart walk with women, many now older, who live with the effects of trauma which may include human trafficking, sexual/physical/emotional violence or exploitation, addiction, and poverty. The monthly dinners are a time when everyone, including those who provide the meal, are invited to sit at the table and share in the present."

2. **Summer Luncheon** – The summer luncheon was well attended. Everyone enjoyed sandwiches, fruit, veggies, and an ice cream bar. It was so wonderful to see so many of the Sisters and Associates and have time for some fun conversations. Thank you to all who helped to make this event possible. It always takes a team effort to make these events happen.
3. **Dinner Gathering** – We would like to get together for dinner again, this time at LongHorn Steakhouse on Talmadge Road at 5 p.m. on Tuesday, September 12. Please RSVP to Val by Thursday, September 7 if you plan to attend.

4. **Afternoon Reflection** – The Afternoon Reflection entitled, "Doors to Angela's Life" by Sr. Donna Frey will move to Sunday, November 12, from 1 – 3 p.m. and will be held at the Ursuline Convent Offices. There will be an opportunity for prayer and light refreshments. Please mark the date on your calendar.
5. **TAANG Sewing Day** – The TAANG Sewing Day during which we sew and package dresses and shorts for children in need will be held on Saturday, September 9, from 9 a.m. – 3 p.m. in the Evergreen Room at Rosary Care Center. If you have any material that could be used for lightweight dresses or shorts we welcome donations.
6. **New Associates** – If you know someone who has expressed an interest in exploring the prayer experience of becoming an Ursuline Associate be sure to stay in touch with the individual and invite him/her to join us. As our numbers grow so can our ministry as Associates. A new flyer that can be shared with that person will be ready for distribution soon.
7. **Newsletter Writers** – If you have some thoughts you would like to share we always welcome new or previous authors. Your story can be as simple as a line or two-line reflection on your personal experience with the Ursuline Sisters, your spiritual experience as an Ursuline Associate, or your personal reflection of St. Angela. We ask that articles are no longer than one page.

Debbie and Jess

ursulineassociates@ursulinecenter.org

***Be pleasant and kind, striving to deal with others solely
for the love of God and the good of souls.
St. Angela Merici, "Intro to the Counsels"***

From the LCWR Presidency Somewhere to Begin

Maureen Geary, OP — LCWR President-Elect

In a leadership gathering several years ago I encountered the song “Somewhere to Begin” sung by the amazing Sara Thomsen and written by T. R. Ritchie. The song moves through a series of verses that encourage us not to let these challenging times of ours derail us from singing, dreaming, and loving into the change that we desire.

We each know a long litany of trouble and worry. Many of these are things we name in common, like racism, forced migration, climate crisis, and violence. Some are particular or familial hurts that need tending, like illness, suicide, estrangement, and questions about the meaning of our lives. As Catholics, we can match these litanies of woe with litanies of petition, prayer, or praise. And still: how do we dare believe that our songs, dreams, and love will make a difference in the end?

About 25 years ago my community began anti-racism work, in the hope that personal and communal conversion would follow. Among many, one challenge that holds my attention to this day is the persistent question posed in the documentary *The Color of Fear*, directed by Mun-Wah Lee. An earnest but skeptical white participant who struggled to perceive and acknowledge the pervasive racism in our country was pressed with the question “but what if it really is that way?” His response was something like that would be a travesty, that would be unforgiveable, that would be unacceptable. That cannot be allowed to be.

And yet it is. Racism persists with grievous consequences for all humanity, both for those who experience it and those who perpetuate it. The climate crisis is destroying Earth habitat by habitat.



Hunger, thirst, and displacement are endemic. Many of our communities are aging and decreasing in numbers. The question is not “but what if it really is that way?” The question is, given our reality, what is our call now? We hear a powerful summons to accountability, to bring healing, to find or reclaim meaning and purpose. A call to begin somewhere, anywhere, but if changes are to come, we must begin.

In these times, we need songs, dreams, and love more than ever. Each gives us a place from which to begin the demanding work of change, and a stance from which to encounter daily life and its challenges and graces. We eagerly await our annual assembly where together we will use tools of possibility thinking, intentionally widen the space of our tents, pray together, and engage in contemplative dialogue. There is much that needs healing, in society, in our congregations, in our own hearts. Drawn by Sacred Mystery, powerfully compelled by our belief in the God who loved us into being and loves us still, we journey into hope.



A call to begin somewhere,
anywhere, but if changes
are to come,
we must begin.

LCWR Staff Engages in Training in Dismantling Racism and White Privilege

As part of LCWR's commitment to dismantle systemic racism and white privilege, the national office staff engaged in two days of training which included a day with staff from Team Dynamics, a company that assists workplaces to achieve their race and gender equity goals. Team Dynamics worked with the LCWR staff in understanding issues of equity, diversity, and inclusion and learning practices to help build their capacity to name, notice, and navigate differences that include those of race, gender identity, disability, immigration experience, class, and more.

Over the next weeks, each staff member will participate in an individual session with a professional to explore the results of her Intercultural Development Inventory. This inventory assesses an individual's capability to shift cultural perspective and appropriately adapt behavior to cultural differences and commonalities.

Part of the two-day experience included a half-day at the Smithsonian's National Museum of African American History and Culture in Washington, DC.

Outside the museum: Carol Zinn, SSJ; Tesha Bush; Kesha Fitzhugh; Faye Homed; Michelle Stachowiak, CSSF; Bridget Bearss, RSCJ; Anne Munley, IHM; and Annmarie Sanders, IHM



Do Not Forget Sudan

Do not forget Sudan, I implore! Our news cycles through so quickly, that one might get the impression that all is well now in Sudan. It has been three months since the war broke out, and a peace agreement is yet to be reached. While a number of people have managed to leave the country or move to 'safer' regions, the majority of the population continues to face harrowing conditions in the country. Food supplies are low, more human rights violations are reported by day, and the use of various artillery has increased.

This story from the [The Times](#) (January 24, 2023) gives you a glimpse into the gravity of the situation.

South Sudan also continues to be impacted by the conflict with its northern neighbor as it receives large numbers of returnees and refugees with very little humanitarian intervention available for people who are already destitute. The returnees, South Sudanese refugees who fled to the north during the 2013 conflict, are now forced again to return to a country that doesn't feel safe and has no safety nets for them.

We ask that you keep all areas of conflict in your prayers.

SUA Students Reflect on St. Angela Quotes

"Although at times they will have troubles or anxieties, nevertheless this will soon pass away. (5th Counsel/29)"



This quote means different things to me. I feel like it is telling me that even though I go through hard things there will always be something good that comes out of it in the end.

~ Kennedy

From the Diocese of Toledo:

This spring parochial, diocesan, and private Catholic high schools in the Diocese of Toledo celebrated 914 graduating seniors, 98 percent of the class, who together earned approximately \$83 million in scholarships. Matt Daniels, Senior Director of Catholic Education for the Diocese of Toledo, said: "We are very proud of the graduates from our diocesan, parochial, and private Catholic Schools. We are thrilled to see how they will continue to make the Lord known, loved, and served in their colleges, universities, chosen professions, military service, or religious vocation in the future! We congratulate them on their accomplishments this year, which highlight the gift and value of a Catholic education."

NEWSLETTER DEADLINE

The deadline for the September 2023 newsletter is Thursday, August 24, 2023. Please send your stories to Michelle at mscazzero@ursulinecenter.org.



Ursuline Sisters Featured in Tiffin's The Advertiser-Tribune

A story appeared in Tiffin's The Advertiser-Tribune marking the 100-year milestone celebration of Calvert Catholic High School. The story shares, "In 1863, Ursuline nuns from Germany arrived in Tiffin, educating students at elementary schools and opening the Ursuline Academy for high school girls, which was located on the grassy area next to the Calvert's current high school site."

The story continues, "In 1923, Bishop Samuel Alphonsus Stritch requested that boys be admitted to the academy, and that request was honored..."

If you would like a copy of the story, please call Val or Michelle in the Convent Offices, 419-536-9587.

Pray with the Ursulines: Communication Tape

It is recorded Mondays, Wednesdays
and Fridays.

Call 419-536-9375.



Check out the
Ursuline Sisters of Toledo
Facebook page!

Ursuline Convent Offices
4045 Indian Road, Toledo, OH 43606

(419) 536-9587

email: ursulines@ursulinecenter.org

CALENDAR

(ALL DATES SUBJECT TO CHANGE)

August 2023

- 4 Convent Offices closed
- 8-11 National LCWR, Dallas, Texas
- 11 Convent Offices closed
- 30 Council Meeting



September 2023

- 4 Labor Day - Convent Offices Closed
- 8 Jubilee Celebration, 11 a.m. followed by Luncheon, Ursuline Center
- 9 TAANG Sewing Day, 9 a.m. - 3 p.m., Rosary Care Center
- 12 Associate Dinner, 5 p.m., LongHorn Steakhouse, Sisters and Associates are invited.
- 25 Council Meeting

October 2023

- 5 Community Input/Update, 12:30 - 2:30 p.m., Sisters only.
- 8 Mary Manse Alumni Mass & Brunch, 11 a.m., Ursuline Center
- 21 Feast of St. Ursula (vows, commitment, missioning), 4 p.m. Mass followed by supper. Sisters and Associates are invited.
- 24 Council Meeting

November 2023

- 4 Serata di Gala - SUA
- 6-7 LCWR Region 6 - Cincinnati
- 12 Afternoon Reflection, 1 - 3 p.m. Details to follow.
- 22-24 Thanksgiving - Convent Offices closed
- 25 Founding of the Company of Angela 1535 - Feast of St. Catherine of Alexandria
- 29 Council Meeting
- 30 Community Input/Update, 12:30 - 2:30 p.m., Sisters only.

December 2023

- 2 Advent Day of Reflection for Religious - Sisters of the Diocese, 10 a.m. - 3 p.m., Holy Rosary Cathedral
- 12 Foundation Day, Vespers at 4:30 p.m. followed by Supper. Sisters and Associates are invited.
- 20 Council Meeting
- 21 Staff Christmas Lunch - 11 a.m.
- 22 - Jan. 2 Christmas Break - Convent Offices closed

January 2024

- 15 Martin Luther King Day - Convent Offices closed
- 24 Council Meeting
- 28 Feast of St. Angela - 11 a.m. Liturgy followed by Luncheon

HAPPY BIRTHDAY

August

- 7 Bob Manion
Leonard Polcyn
- 8 Sharon Stern
Deb Bercher
- 9 Shirley Eiseman
- 17 Beth Hafner
- 18 Pauline Broadway
- 21 Helia Corral
- 22 Katherine Sarver
- 24 Anne Sandalls
- 28 Sr. Kenwyn Steger
Alice Watson
- 29 Coletta Allen
- 30 Joan Cousino

September

- 7 Sr. Janice Ann Brown
- 10 Gail Foreman
- 13 Sr. Beth Hemminger
- 16 Sr. Nelda Chafitelli
- 20 Dan Quinn
- 21 Therese Cooper
- 23 Sr. Mary Alice Henkel
Sr. Rita Mae Johns
- 26 Bonnie Krochmalny
- 27 Sally O'Connell
- 30 Sr. Carol Reamer



FEAST DAY



August

- 12 Sr. Janice Ann Brown
- 18 Sr. Mary Ellen Nagle
- 20 Sr. Bernarda Breidenbach
- 22 Sr. Regina Smith

September

- 15 Sr. Mary Alice Henkel
- 16 Sr. Nelda Chafitelli

